




The Latest and Greatest in OptimisPT

Updates as of 9/21/2021



Topics to be Covered

- Hold Story
- Updated outcome measures
- Outcome measure numerical value
- Berg Balance Scale
- Reason for Discharge
- Archiving insurances
- SMS (see phone number)
- Upcoming visits in treatment section
- Medicare POC for other insurances
- ICD-10 code changes



Hold Story

- This is intended for short holds to remain within the patient's current clinical presentation and progress, but helps ensure that when running daily and weekly reports like the "patients not seen in the last x days", it is obvious that the patient shouldn't be called to schedule until the end of the "hold".
- The reports that allow you to see if the patient is on hold:
 - Patient Retention
 - Patients Not Seen in Last X Days
 - Expiring Authorizations



Updated outcome measures



Activities-specific Balance Confidence (ABC) Scale	Knee Outcome Survey (KOS) *	QuickDASH *
Berg Balance Scale (BBS)	KOOS, JR. KNEE SURVEY	Rivermead Post-Concussion Symptoms Questionnaire (RPQ)
Boston Carpal Tunnel Questionnaire (BCTQ)	Lower Extremity Functional Scale (LEFS) *	Roland-Morris Low Back Pain and Disability Questionnaire (RMQ)
Dizziness Handicap Inventory (DHI)	Lymphedema Life Impact Scale	Shoulder Pain and Disability Index (SPADI)
Elder Abuse Suspicion Index (EASI)	Modified Oswestry Low Back Disability Index (ODI) *	Temporomandibular Disability Index (TMDI)
Falls Efficacy Scale - International (FES-I)	Modified Patient Health Questionnaire (PHQ-2)	Upper Extremity Functional Scale (UEFS)
Fear-Avoidance Beliefs Questionnaire (FABQ) - Physical Activity	Modified Patient Health Questionnaire (PHQ-9)	Urinary Distress Inventory Short Form (UDI-6)
Fear-Avoidance Beliefs Questionnaire (FABQ) - Work	Neck Disability Index (NDI) *	WOMAC Index
HOOS, JR. HIP SURVEY	Numeric Pain Rating Scale (NPRS)	YELLOW FLAG RISK FORM
Incontinence Impact Questionnaire-Short Form (IIQ-7)	Pelvic Floor Distress Inventory (PFDI-20)	

Outcome measure numerical value

- Within the Measures Section, you will now see included for Outcome Measures only a “Measured” field and a “Measured Range” field. (see screenshot below)
- The “Measured” field will ONLY accept numeric values. The numeric score for the Outcome Survey should be entered into this field. Any non-numeric value placed here will cause the measure to not show up on your signed document.
- The “Measured Range” field will allow the therapist to select and include the functional level, as needed. The therapist can use the dropdown menu, free type or use a combination of these methods to enter the information.
- The “Measured Range” is not a required field. It is available to include the functional range if preferred. If you leave the field blank, it will not show up on your documentation.

☰ QuickDASH Outcome Measure

Score on the shortend version of the Disabilities of the Arm, Shoulder and Hand (QuickDASH)

Measured:

Measured Range: ▼

Target: ▼



Berg Balance Scale

Low Back and Abdomen None (09/15/21) Visit on 09/14/2021

Edit Assessment

Berg Functional Balance Scale
Berg Functional Balance Scale Measure
Please mark the lowest category that applies.

1. Sitting to standing

- able to stand, no hands and stabilize independently
- able to stand independently using hands
- able to stand using hands after several tries
- needs minimal assist to stand or to stabilize
- needs moderate to maximal assist to stand

2. Standing unsupported

- able to stand safely 2 minutes
- able to stand 2 minutes with supervision
- able to stand 30 seconds unsupported
- needs several tries to stand 30 seconds unsupported
- unable to stand 30 seconds unassisted



Measures

Only measures marked as 'key' will be included in Summary

Low Back and Abdomen

Select All/None

Outcome Measures

Berg Balance Scale (BBS)
Score on the Berg Balance Scale (BBS)
Measured:  
Measured Range:
Target: Negligible fall risk: BBS score 54 to 56

Unbilled Time min.
Direct Contact Untimed 0
Direct Contact Timed 0
Supervised Minutes 0
Total Treatment Time 0

Billing Record

SECTION INCOMPLETE All measures must be filled in.
OR No measures were evaluated for this visit

The therapist may now fill out the Berg electronically. When you “save”, it will auto calculate your score and automatically import the PDF into the patient’s “documents” section of the EOC



Reason for Discharge



OptimisPT® Home Patients Scheduling Billing Reports Dashboard Admin

1005249024
Miriam Zora
69 y/o Female

Visits Used 2 Visits Remaining 0 Authorization Expires N/A Primary Payer Type Private Primary Insurance Test insurance Diagnosis Codes M25.551

Low Back and Abdomen None (09/15/21) Visit on 09/20/2021

Evaluation
Patient Status
Medical History
Examination
Add'l Eval Findings
Assessment
Diagnoses
Plan of Care
Goals 2.0
Planned Interventions 2.0
Recommendations
Document Visit

Type: Absent Discharg Clinic: Honolulu Provider: Cheryl Dimapasoc

Create Patient Report

Choose Report Type

Note: The content of the "Consultation" report matches that of the "Initial Evaluation Report" but has a different title.

Initial Evaluation
 Consultation
 Plan of Care Certification
 Treatment Note
 Progress Report
 Re-evaluation
 Discharge Report

Summary Initial Evaluation
 Summary Progress Report

Initial Evaluation Date (Start Date,Measures)
09/13/2021 - Initial

Latest Evaluation Date (Tests,Measures,Reason for Referral)
09/13/2021 - Initial

Include Physician Signature Box
 Show All Home Exercises
 Show Time In 08:01 AM Out 00:00 AM

Consult only

Scheduled for surgery

Patient seen for prevention care only

Patient hospitalized

Patient returned to MD for further testing

Physician requests care discontinuation

Insurance requests care discontinuation

Self-discharged: reason unknown

Self-discharged: patient defers treatment

Self-discharged: transportation/family/work issues

Self-discharged: financial/copy reasons

Refused

Staff did not capture a status during episode

Deceased

Completed intake but did not attend therapy

Incorrect setup of patient

Self-discharged; Patient feels they have met goals; D/C to HEP

Patient has left area

Patient prefers to continue work on own

Archiving insurances



Insurances

Charge Master

Payers

Payment Processing

Duxtape Claim Errors

AdvancedMD Integration Errors

Insurances

This page allows you to add Insurance providers for billing purposes. Note that Insurances must have at least one contract in order for charges to populate within the billing sections.

Insurance plans accepted by Documentation Database (4)

Search by Insurance name

+ Add Insurance

Show all insurances (include archived)

Insurance ^	Payer	Phone	Contract Status	Action
Blue Cross	Private / Commercial Ins.	(877) 888-8333	Present	Archive
Medicare	Medicare	(654) 987-3211	Present	Archive
SCIE	Workers Compensation	(800) 600-0600	Present	Archive
Self Pay	Self Pay / Cash / No Ins.	(555) 555-5555	Present	Archive

SMS (see phone number)



- Each OptimisPT Client will receive their own unique phone number
- You will be able to see your number for SMS in the Admin tab
- All SMS will be sent using that phone number
- At this time, there are no additional fees for this service
- This will also lead to more development in the future
- Anticipated Date (Week of 9/27/21)

Upcoming visits in treatment section

OptimisPT® Home Patients Scheduling Billing Reports Dashboard Admin Support Honolulu Chae D. Logout

1005249024 Miriam Zora 69 y/o Female

Visits Used 0 Visits Remaining 2 Authorization Expires N/A Primary Payer Type Private Primary Insurance Test insurance Diagnosis Codes M25.551 Date of Onset Referral Source Rupal Shah COMPLETE

Low Back and Abdomen None (09/15/21) Visit on 09/13/2021 Upcoming Visits New Patient Exercise Record Flowsheet Treatment Program

Evaluation Reason for Referral Medical History Examination Clinical Findings Measures Add'l Eval Findings Assessment Diagnoses Plan of Care Goals 2.0 Planned Interventions 2.0 Recommendations Treatment 2.0 Home Exercises 2.0 Plan MIP5 Document Visit Unbilled Time min. Direct Contact Untimed 15 Direct Contact Timed 30 Supervised Minutes 0 Total Treatment Time 45 Billing Record

Type: Initial Clinic: Honolulu Provider: Cheryl Dimapasoc Supervising Therapist: Cheryl Dimapasoc Next Physician Visit: Choose...

Treatments 2.0 Add Treatments Save as Custom Add From Plan Add From Last Visit Delete All Treatments

Cannot edit Plan of Care at this time.

Low Back and Abdomen

Upcoming appointments...

Date	Time	Provider	Visit Type
Tuesday, 09/21/2021	9:00 AM	Cheryl Dimapasoc	Followup
Friday, 09/24/2021	9:00 AM	Cheryl Dimapasoc	Followup
Monday, 09/27/2021	9:00 AM	Cheryl Dimapasoc	Progress Report

Show Provider Names Close Print Email to patient

Shoulder and Arm

Code	Description	View on flowsheet	PT Direct Contact Mins
(97530)	Therapeutic Activities	View on flowsheet	15
(97110)	Therapeutic Exercise	View on flowsheet	15
(97112)	Neuromuscular Reeducation	View on flowsheet	15
(97140)	Manual Therapy	View on flowsheet	15

SECTION COMPLETE One or more treatments must have a duration AND all treatments with text must have a duration AND Provider Interactions field must be filled in. Preview Billing I attest to the treatment above



Medicare POC for other insurances

The screenshot displays the OptimisPT software interface. At the top, there is a navigation bar with the following items: Home, Patients, Scheduling, Billing, Reports, Dashboard, Embedded Resources, and Admin. Below this is a sub-navigation bar with tabs for Insurances, Charge Master, Payers, Payment Processing, Duxtape Claim Errors, and AdvancedMD Integration Errors. The main content area is titled "Balboa PPO Settings (Active)". On the left, there is a sidebar menu with categories: System Settings, Practice Settings, and Maui Settings. Under System Settings, there are sub-items: General, Billing, Medicare, Documentation, Accounts, HL7, and Status. Under Practice Settings, there are sub-items: General, Billing, Referral Sources, Accounts, Schedule Options, and Advanced. The "Billing" item in the Practice Settings section is highlighted with a red box. A red arrow points from this box to the "Insurances" tab in the sub-navigation bar. Another red arrow points from the "Insurances" tab to the "POC Cert" checkbox in the Billing section of the settings. The "POC Cert" checkbox is also highlighted with a red box. The "Billing" section contains the following options: Payer: Private (dropdown menu), Functional Reporting: Use Functional Reporting, and POC Cert: Use POC Cert. The "Office Locations" section is visible at the bottom of the settings area.



ICD-10 code changes

- For FY 2022 there are 191 new codes, 62 revised titles, and 107 deleted codes
- The current code, M54.5 (Low back pain), will be deleted and expanded into three more specific codes:
 - M54.50 (Low back pain, unspecified)
 - M54.51 (Vertebrogenic low back pain)
 - M54.59 (Other low back pain)

